

# Want to Help Address Hunger in Alexandria?

## Conduct an ALIVE! Food Drive!!

#### <u>It's Easy as 1-2-3</u>

- 1. Decide on your dates and what type of activity you want to do.
- 2. Contact ALIVE! for help. We will:
  - a. Send you Most Wanted Food flyers.
  - b. Provide collection bins and signage.
  - c. Arrange for pick-up or delivery of donated food.
- 3. Spread the word throughout your community

#### Most Needed Foods

Canned meat and fish (chili, chicken, tuna, salmon, beef ravioli, etc.) Canned fruits, vegetables, soup, beans

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Cereal (including Oatmeal)

Peanut butter and Jam/Jelly

Pasta (spaghetti, other noodles, mac & cheese, etc.) Rice

Dried beans, lentils

"Kid-friendly" single-serve, microwavable entrees (soup, ravioli, mac & cheese, etc.)

Spaghetti/Pasta sauce and canned tomatoes (sauce, diced, etc.)

"Complete" Pancake Mix (just add water) & Syrup Cooking oil (vegetable, canola, etc.)

### Pick-Up and Delivery

- Drop off at ALIVE! Warehouse (801 South Payne Street) Monday-Friday, 9:00am – 4:00pm (Thursday 9am-7pm) Saturday hours 9:00am - 12:00pm
- Arrange for Pick-Up Email ALIVE! food coordinator in advance to schedule

#### **ALIVE! Contacts:**

Tim Enright - fdcoordinator1@alive-inc.org Jose Amaya - fdcoordinator3@alive-inc.org







