



1 out of 5
Alexandrians
struggles to
put food on
their table.

Most Needed Foods

- Canned meat (stew, chili, tuna, chicken, ravioli, etc.)
- Canned Fruit
- Cereal
- Dried beans, lentils, peas
- Pancake syrup
- Pasta/Spaghetti & Sauce
- Single-serve & microwave meals & snacks (Chefboyardee, Dinty Moore, mac & cheese, bars, cereal cup/box, fruit cups, etc. NO jello, pudding)
- Peanut Butter & Jelly
- * NO glass containers, please



About Food Insecurity in Alexandria

- **13,500** of our neighbors live in poverty.
- At **15%**, the child poverty level is the highest in all of Northern Virginia.
- **30,000** Alexandrians live with food insecurity.
- **63%** of public school students are eligible for free- or reduced price meals.

How YOU Can Fight Hunger In Alexandria!

1. **Host a Food Drive!** At your office, school, in your neighborhood, through a club or faith organization, to celebrate a birthday, holiday or another special occasion!
2. **Volunteer!** Help distribute food at one of the ALIVE! Last Saturday Food Distribution sites or volunteer for the ALIVE! Grocery Store Collection Program.
3. **Make a financial donation!** Visit www.alive-inc.org.

About ALIVE!

Founded in 1969, ALIVE! is the oldest and largest private safety net dedicated to alleviating suffering from living in poverty and with hunger. ALIVE! serves more than 3,500 individuals every month, providing food, shelter, emergency help and early education.

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