



1 out of 5  
Alexandrians  
struggles to  
put food on  
their table.

## Most Needed Foods

- Canned Meat (stew, chili, tuna, chicken, ravioli, etc.)
- Canned Fruit
- Cereal and Oatmeal
- Pasta/Spaghetti & Sauce
- Single-serve/microwave (Chefboyardee, Dinty Moore, mac & cheese, etc.)
- Kid-friendly Snacks (bars, fruit cups, etc.)
- Peanut Butter & Jelly
- Complete Pancake Mix & Syrup



# About Food Insecurity in Alexandria

- **13,500** of our neighbors live in poverty.
- At **15%**, the child poverty level is the highest in all of Northern Virginia.
- **30,000** Alexandrians live with food insecurity.
- **63%** of public school students are eligible for free- or reduced price meals.

## How YOU Can Fight Hunger In Alexandria!

1. **Host a Food Drive!** At your office, school, in your neighborhood, through a club or faith organization, to celebrate a birthday, holiday or another special occasion!
2. **Volunteer!** Help distribute food at one of the **ALIVE!** Last Saturday Food Distribution sites or volunteer for the **ALIVE!** Grocery Store Collection Program.
3. **Make a financial donation!** Visit [www.alive-inc.org](http://www.alive-inc.org).

## About ALIVE!

Founded in 1969, **ALIVE!** is the oldest and largest private safety net dedicated to alleviating suffering from living in poverty and with hunger. **ALIVE!** serves more than 3,500 individuals every month, providing food, shelter, emergency help and early education.

**ALIVE!** ~ 2723 King Street, Alexandria, VA 22302  
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