



ALIVE! Wire

Alexandrians Involved Ecumenically

United Way/CFC #8352

The State of ALIVE!

As I write my last WIRE letter as President, a wide array of mental images pass through my mind. Our year began with the horrors and pain of 9/11 still vividly in our lives. The weakened economy continued to slump. The anticipation of a U.S. invasion of Iraq became a reality. The recent heavy rains plagued our area left our streets and basements flooded. But ALIVE! ends its year with a true sense of pride. The efforts exhibited by you, our volunteer supporters and contributors, has never wavered. As a result, many of our city's most fragile and forgotten residents have continued to receive un-

interrupted services because of your efforts. ALIVE! remains the major social service safety net in Alexandria. ALIVE! remains the major social service safety net in Alexandria.

As we prepare to start our new year, Ms. Patrice Tighe, our current Vice President, has been elected the new President. Patrice is a native of this area, and comes with long and strong ties to ALIVE! She will be an excellent leader for this amazing organization. I look forward to working with her, with all of you, and with our clients—the reason we all rise to the occasion when called upon to help.

Thank you for all that you so generously do and give to help our most needy neighbors.

Sincerely,

Don Burchell

Hunger Awareness

by Cathy Thompson

Summer 2003



Alicia Auerswald, Vice President of Community Development for the Alexandria Jaycees, and other Jaycee volunteers packed bags of donated food for hungry families at the June 28th Last Saturday Food.

food pantries are running out of food.

Many Alexandria families would go hungry if not for food distributions like the ALIVE! Last Saturday Food Program. Once a month, ALIVE! volunteers pass out USDA surplus canned food and staples plus fresh produce at three sites throughout the City. We must supplement this free food with purchases of nutritious and culturally-sensitive foods from the Capitol Area Food Bank. In addition, we depend on food donated by the community through ALIVE! congregations, local businesses and special food drives such as the Turkey Trot, the Boy Scouts' and Postal Workers' collections.

Food supplies are particularly low right now. We are receiving less than one

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How You Can Help

Food donations are needed now. ALIVE!'s Food Pantry supplies are woefully and dangerously low, but you can help:

- Hold an emergency food collection at your congregation, business, or group meeting—especially for cereal, canned meat, tuna, peanut butter, canned fruit, pasta and tomato sauce.
- Make a donation to help ALIVE! purchase food at discounted prices—designate Food Programs on the memo line of your check made out to ALIVE! and send to: ALIVE!, 2723 King Street, Alexandria, VA 22302.
- Volunteer to sort and pack food, deliver food, or help stock the ALIVE! Food Pantry.
- Call 703-837-9300 and leave your name and phone number on the Last Saturday Food line (option #4) to learn more about how you can help alleviate hunger in Alexandria.

ALIVE! Provides more than \$295,000 to 9-11 Victims

—September 11th Still Ripples Through Community

The two-year anniversary of the September 11th terrorist attacks is quickly approaching, and many Alexandrians still feel the effects this tragedy has had on transportation, hospitality and airport workers. Since October 2001, ALIVE! has provided more than \$295,000 in emergency financial assistance to economic victims through grants from the Presbyterian Disaster Assistance Fund and the United Way September 11th Fund.

To date, ALIVE! has helped a total of 535 people, including 325 adults and 210 children. ALIVE! helped 219 households one time, and 82 households more than once with up to \$3,000 in emergency assistance.

Overall, the greatest need has been for help with rent. More than half the funds from October 2001 through June 2002 went to rent payments, and over one-third of the funds from January 2003 through June 2003 were used for rent.

Fifty percent of those aided by ALIVE! in 2001 were transportation workers and taxi drivers, and this number jumped to more than 75 per cent of those helped from April 2003 to June 2003. Workers in the hospitality industry and at National Airport have also received much-needed assistance from ALIVE!'s 9-11 Assistance Project. Requests from referring agencies continue to come in each week, and there still is need for financial assistance for economic victims. Our sincerest thanks to Adrienne Geis who volunteered to staff ALIVE!'s 9-11 Assistance Project over the past six months. A dedicated volunteer, Adrienne put in many extra hours to make sure we could process requests for assistance as quickly as possible.

9-11, ALIVE! and My Family's Story

By Faz

Let me tell you about the struggle my family has had as a result of the tragedies on September 11, 2001, and how ALIVE! helped us.

After September 11, I lost my job as did many other people because of the closure of National Airport—I was a cab driver at the airport. I was also sick with diabetes and unable to find any other work I could do. On September 11, I was at the Alexandria Courthouse for my disability hearing that morning when the courthouse was evacuated. So in the next weeks I came to the airport every day to see if it was open, but was disappointed and had to come back home. I had to pay \$250 to rent the cab parked in front of my apartment, useless.

By the end of September 2001, my family did not have the money to pay rent on my family's efficiency apartment. I could not ask friends for help because most of them had the same problem. Because I did not have health insurance, I could not go to the doctor for my diabetes. So I had to reduce my medication first to half, and then to a third, and then to nothing.

I felt so hopeless for the first time in my life after 30 years in this country working hard and taking care of my family. The last thing I had was my wedding ring, which I had to sell.

Then I heard about organizations trying to help and ALIVE! helped me with my rent and prescription medicines. So I began to recover hope that my family and I were not alone, and would not become homeless.

For people that give to organizations like ALIVE!, I want you to know how much this can help. People who give, no matter whether this gift is big or small, can have a big effect on other's lives. And I want to thank ALIVE! and all its staff and volunteers, especially Carol Loftur-Thun and Adrienne Geis—they were always willing to help.

(Through the efforts of ALIVE! and other local agencies, Faz is now receiving disability and his medical care and prescriptions are covered by MediCare and Medicaid. ALIVE! recently delivered donated furniture to help reduce his monthly rental fee and his family is getting assistance through the city's rent relief program.)



Tony Benson, ALIVE!'s summer intern, and Carol Loftur-Thun, Director of Community Relations and Administration, confer on pending cases referred by local agencies for emergency financial assistance from ALIVE!'s 9-11 Assistance Project.

Presbyterian Disaster Assistance Awards

ALIVE! \$200,000 for 9-11 Project

ALIVE! has just been awarded an additional \$200,000 from the September 11th fund of the Presbyterian Disaster Assistance unit of the Presbyterian Church (U.S.A.) to help secondary victims of the 9-11 attacks—this is ALIVE!'s third grant from the PDA. Shortly after the attacks, Presbyterian Disaster Assistance began working with ALIVE! through a request from Old Presbyterian Meeting House, an ALIVE! member congregation.

Our sincerest thanks to both Presbyterian Disaster Assistance and the United Way September 11th Fund for their very generous support of this project. As Kathleen Henry of Tenants' and Workers' Support Committee put it, "Many Alexandrians who are 9-11 economic victims were slipping downward, and ALIVE!'s assistance has given them a toe-hold so they could stabilize financially and recover."

Remember to

Designate ALIVE! in the Combined Virginia Campaign

Starting October 1st-#3335

Remembering a Dedicated Volunteer

Burt Moyer, one of ALIVE!'s most active volunteers for many years, died in May after a long illness. He will be remembered for his quiet dedication and personal generosity to Alexandria's needy. He gave when he saw a need, whether it was large or small. Burt received the Alexandria United Way Community Service Award in 1988 for his work with ALIVE! and other organizations.

Between 1980 and 1997, Burt chaired and co-chaired the Family Emergency Committee and represented ALIVE! to local organizations. Burt not only worked scheduled shifts at the Family Emergency office, but checked in almost daily and frequently into the night to determine all was well and ready for the next day's volunteers. He made sure there was adequate food on the



Cathy Thompson, Bert Moyer and Eleanor Wainste celebrate a well deserved recognition.

office shelves and if items were lacking, he would go out and buy them. For example, if cans of pumpkins, berries, or other fruit appeared on the shelves without the other ingredients to make a pie, he went to Safeway for pie crust mix. As scheduler of the daily food drivers, Burt frequently filled in for absentees, always without complaint.

Burt served on the City of Alexandria's Social Services Committee for several years and testified many times before City Council on behalf of low-income Alexandrians. He helped set up work shifts at a homeless men's winter shelter and his work with United Way enabled ALIVE! to become a recipient of United Way funds. He gave "anonymous" gifts to ALIVE! when he saw a need ALIVE! could not meet.

Burt also quietly extended his generosity to individuals who directly appealed to him for help. Social workers often called him when they could not find funds to help someone in need, and Burt would personally help buy prescription medicines, or put a family up in a motel until there was space in a shelter. Alexandria will miss this generous and dedicated volunteer.

ALIVE! Starts Legacy Society

To recognize those individuals who have made generous provisions in their wills to support ALIVE!, The Legacy Society has been created. Don Burchell, past president of ALIVE! and chairman of the Society, announced the launch of this donor group at a special seminar in June, which introduced participants to the role of philanthropy in developing an efficient estate plan.

The income tax charitable deduction encourages the support of non-profit institutions like ALIVE! by reducing the out-of-pocket cost of generosity. Friends and supporters contribute to ALIVE! because they believe in our mission and programs to serve the needy in Alexandria, but having decided to contribute, it is wise to take full advantage of the income tax benefits.

We understand that many of our friends would like to make significant cash contributions to ALIVE! now, but they need the income their assets earn, so they wait to make their gifts by will. The Legacy Society is dedicated to recognizing those donors—and to encouraging others to make similar provisions in their wills or to make other forms of planned gifts. There are many simple planned giving options, like charitable remainder trusts, which enable donors to make a major gift now without sacrificing income — and gaining tax benefits.

We encourage you to consult your financial advisor on options that would work for you. If you would like more information on The Legacy Society and planned giving opportunities at ALIVE!, or if you have already made provisions for ALIVE! in your will, please contact Carol Loftur-Thun at (703) 837-9321.

Burchells Honored with 2003 Burke Award



Bryant Mitchell, Chairman of the Board of Directors, Alexandria Red Cross, Joan Burchell, Don Burchell and Julie Wright, Executive Director of the Alexandria Red Cross

Our sincerest congratulations to Joan and Don Burchell, who were awarded the Alexandria Chapter of the American Red Cross 2003 Burke Award. Joan and Don are an extraordinary couple who've made a lasting impression on the humanitarian and philanthropic life of this city.

From their longstanding commitment to Christ Episcopal Church to their work with ALIVE!, the Alexandria Red Cross, the Alexandria United Way, Carpenter's Shelter, and TWIG (Alexandria Hospital Auxillary), the Burchells have shared their energies, financial support and organizational devotion to create a legacy of service.

Both Joan and Don have served as dynamic Presidents of ALIVE!, Congregational Representatives from Christ Church, and energetic and dedicated co-coordinator and volunteer with ALIVE!'s Last Saturday Food Distribution program. The Burchells have also become guardian angels for residents of Ladrey Senior High Rise and Annie B. Rose House, low-income housing for seniors and the disabled.

ALIVE! HOUSE Happenings

La Rue Barnes Becomes Full Time Director of ALIVE! House

As of July 1, 2003, LaRue Barnes will be at ALIVE! House full time. She will provide all case management services, oversee the operation of the shelter and the maintenance of the property. Her duties also include interacting with other agencies and participating in the Homeless Services Coordinating Committee. She will be able to count on the help of the many friends and volunteers who enable ALIVE! House to operate on a very small budget and provide services in a warm, home-like environment—the shelter with a heart.

ALIVE! House salutes and thanks:

- Students from Appalachia College, North Carolina, who used part of their spring break in Washington, D.C., to help with spring cleaning.
- Christmas in April and the Senior Girl Scouts from Fairfax County who gave our bathrooms a bright fresh coat of paint and scraped the rusting, peeling metal railing around the property. The handy people from Temple B'nai Shalom in Fairfax Center who, once again, completed a long list of repairs. Their cleaning crew brightened our common spaces and two teenagers painted the railing.
- Church of the Resurrection, St. James Methodist Church and St. Rita Catholic Church for their ongoing friendship demonstrated by a continual flow of needed household and personal supplies.
- Our neighbor, Ann Matikan and her friend, Lindsay Boudreaux, who withstood the rain and cold to host a Sidewalk Sale on May 10 netting us more than \$800! (And thank you Suzanne Lamb.) Zoe Quint, who collected and passed on to us a wonderful library of children's books.
- The TC Williams Keyettes under the leadership of Sarah Kalil and Social Studies teacher Rashida Kennedy, who supervised the Keyettes. They came each Monday to show the children that learning can be fun and progress can be made.



Children from ALIVE! House and Texas A & M alumni volunteers give the thumbs up to their day at the Zoo.

22nd Step ALIVE! Walkathon Raises More Than \$18,000 for CDC

May 4 was a beautiful, sunny day for the 106 walkers who started the 5-mile circuit inspired by the lovely melodies of the First Christian Church Choir. The walkathon, one of our most successful ever, netted more than \$18,000 to help the ALIVE! Child Development Center continue to provide full day preschool and daycare for low-income families in Alexandria.

Walkers returned to the church and were treated to a picnic, as well as entertainment by the Marlin Madrigalists and lively rock and roll from the The Bush League Conspiracy band from T.C. Williams High School. Children enjoyed playing on the playground while adults enjoyed the music, food and companionship of all who made the day such a success.

Former Vice Mayor Bill Cleveland joined in the day's activities. Many thanks to all the volunteers from ALIVE!, member congregations, T.C. Williams, members of the community. Our special thanks to First Christian Church for once again hosting the event.

If you have not yet done so, please send in your pledges with checks made out to "ALIVE! CDC" as soon as possible—a donation envelope is provided in this issue—and be sure to note on the memo line your congregation or other affiliation!



More than 100 walkers helped to raise funds for the ALIVE! Child Development Center on May 4.



2003 Walkathon Co-Coordinators Barbara Brennan and Bernadette Burgess.

ALIVE! Child Development Center

From our new CDC Director—

Since I started working at the Child Development Center as Director in December 2002, I have been so impressed with the staff and the families we serve. Having worked at several centers, and assessed many others, I find our staff to be among the best I have ever worked with. It is a pleasure to come to work each day.

I believe a major reason for this is that we share a common goal. We put the children first in our daily routines, and regularly give above and beyond required job assignments. Our staff is made up of true professionals, who have given up lunch hours for staff meetings, attended extra training, changed lesson planning techniques, decorated their rooms beautifully, and worked very hard to make the days great learning experiences, not only for the children, but for themselves too.

The sounds of joy and happiness fill the halls of the ALIVE! CDC. Our families have been extremely warm, friendly and supportive of all the changes happening at ALIVE! CDC. The center also enjoys the incredible support of the CDC Committee. This group of volunteers from the Alexandria community wants the best for our local children, and works very hard to attain it. It has been said that it takes a village to raise a child. The Alexandria community continues to come together through the ALIVE! CDC and our children are reaping the benefits.

—Barbara Fitzgerald

Teepees, Gardens and More at CDC Summer Camp

Summer camp at the CDC is off to a "funtastic" start with themes that all classes will work on together through out the summer. One week we explored the camping theme with a teepee village popping up on our playground. Backpacks, campfires, hikes and tie-dyed t-shirts were part of the lesson plans, along with a summer garden. Other themes for this summer include Sea Life, Yankee Doodle Dandy, Western Town, Circus, Fiesta, Field Day, and we'll wrap up the summer making sand castles at the ALIVE! beach. This is definitely the place to be for the summer!

Summer camp for ALIVE! CDC runs from June 23 through August 22. If you have any talents, clothing, or activities related to our themes, we would love for you help us out. For example, our first week's theme was camping. A guitarist came to sing around a pretend campfire with our children for an hour. Call Barbara Fitzgerald at 703-548-9255 to learn more.



New "Project Approach" Curriculum

The CDC follows the renowned Creative Curriculum and our classrooms are arranged into centers such as science, art, computer, writing, reading, blocks and dramatic play. Children choose their own activities in these centers for the majority of the day. Our curriculum incorporates themes, which change frequently, stimulating the interest of the children. For example, teachers might put books in the reading center that relate to this theme, or add items to the dramatic play area or the block area. Art, cooking and storytelling activities also are integrated with themes.

In the fall, ALIVE! CDC will incorporate the "Project Approach" into our curriculum. This will allow children to choose what ideas or interests they want to learn more about, and allow them to extend their learning as they explore topics in depth in a "web" of learning.

For example, children may choose to learn about community helpers, and visit a bakery on a field trip, help measure and pour ingredients to bake bread in a classroom cooking project to promote math and science learning, create art out of bread dough, read a story about bakers, look at yeast under a microscope in our science center, and "research" breads of the world or nutrition on the computer with teachers' supervision.

Join Us this Summer at the CDC-Volunteers Needed

- Help clean and paint from August 25-29th to get our classrooms ready for fall.
- Help re-mulch our playground—a great group activity!
- Call Barbara Fitzgerald at 703-548-9255 to volunteer—come join the group!

CDC Awarded Forrest, Rotary Club & Alexandria United Way Grants

The CDC was recently awarded grants from the Washington Forrest Foundation and the Alexandria Rotary Club to help us continue offering a sliding fee scale to keep high quality early childhood education and care affordable for low-income and working families in Alexandria.

The CDC was also awarded a technology grant from the Alexandria United Way and Gifts-in-Kind through American's Promise for digital cameras and color printers. These cameras and printers will be used to allow our children to record and share their explorations, field trips and activities as we implement the new "Project Approach."

Our sincerest thanks to these generous supporters of the CDC!!



Computers donated by IBM and Gifts-in-Kind are helping kids at the CDC increase language, literacy and math skills while they explore the world around us.

Brighter Futures for Families Has Led Many to Better Paths

In 1997, in response to Welfare Reform legislation, ALIVE! initiated a mentoring program to assist welfare mothers working toward independent living. Since that time, Brighter Futures for Families, under the direction of La Rue Barnes, has recruited and trained nearly 200 mentors and has served more than 400 families. Many of our clients have found and maintained employment, paid down debts, moved into stable housing and are supporting themselves and their children. Their achievements are certainly due in part to our incredibly dedicated mentors, who gave so generously of their time and expertise and to the comprehensive case management by the Brighter Futures staff. Although there were more than 600 women on the welfare rolls when the program began, that number has now dropped significantly, and the decision has been made to close the Brighter Futures mentoring program.

We wish to thank our many grantors, congregations and individual donors who supported Brighter Futures for Families so generously. We are especially grateful to the Alexandria Department of Human Services for sponsoring our program and for providing office space during the last year. La Rue Barnes will remain with ALIVE! as director of ALIVE! House and can be reached at 703-684-1430.

Hunger Continued from page 1

third our usual supply of USDA food and even the number of items available for purchase at the Food Bank is very limited. ALIVE! food supplies are dwindling and we need your support if we are to continue to help all those in need of food throughout the summer.

In May, Last Saturday Food volunteers distributed food to 472 households, including 1,222 children and adults. Close to 50% of our recipients are senior citizens living on a fixed income. Over 100 families with four or more children usually receive extra food when it is available but last month one of our sites ran out of food completely. Several households were left with no food after waiting in line for over an hour. On the last Saturday, lines start forming at 8:00 a.m. for the distribution, which does not begin until 10:00 a.m.! Please help us provide food to these needy Alexandrians during this critical time of shortages.

Teens Perform Music for Food

A telephone call from three high-school students to the Red Cross resulted in the young men giving a concert at the Moose Lodge on Franconia Road. Admission was three cans of food or \$3. The result was \$313 and 146 cans of food for...guess who? ALIVE!

Many families will be helped by the fruits of their love of music and the joy of helping others. Sincerest thanks go to William and Christofer Parschalk and Geoffrey Seiler. May they go from "strength to strength" and continue on the path of doing good deeds.

ALIVE!'s New Officers

Patrice Tighe, *President:*



Patrice has lived in this area since fourth grade, so she qualifies as a "native"! She got involved with ALIVE! through Blessed Sacrament as a volunteer

Intake Coordinator for ALIVE! House. From 1986 through 1993, she chaired and co-chaired ALIVE! House while the historic building was sold to ALIVE! and renovated. Recently, Patrice has volunteered at the West End site of ALIVE!'s Last Saturday Food Distribution. With a background in public health, Patrice was a community health nurse at D.C. General Hospital in the clinic for children with developmental disabilities. She is looking forward to working with the many dedicated volunteers and talented staff of ALIVE! this year as President!

Laura Rogers, *Vice President:*



Laura comes to Alexandria from Dallas. She grew up near Amarillo, Texas, graduating from West Texas State University. Since living in Alexandria she has done contract

accounting and administration in city government, the computer industry, and personnel. She is currently the Administrator of the National Women's History Museum. Singing in her church choir is a hobby she enjoys, along with event planning, reading, cooking, flower arranging, and NFL football. She has been active as an ALIVE! Congregational Representative from Good Shepherd Lutheran Church since 2002 and looks forward to serving ALIVE! as Vice President.

2003-2004 Elected Officers and Chairs

Patrice Tighe, *President*, Blessed Sacrament Catholic Community
 Laura Rogers, *Vice President*, Good Shepherd Lutheran Church
 Bill Eckert, *Recording Secretary*, Westminster Presbyterian Church
 Doris Mela, *Corresponding Secretary*, Beth El Hebrew Congregation
 Rick Glassco, *Treasurer*, Immanuel Church-on-the-Hill
 Jim Richardson, *Assistant Treasurer*
 Ellen Brown, *CDC Treasurer*
 Linda Oliver, *Assistant CDC Treasurer*, Church of St. Clement
 Susan Weber, *CDC Co-Chair*, Meade Memorial Episcopal Church
 Allen Sadler, *CDC Co-Chair*
 Eleanor Wainstein, *Family Emergency Chair*, St. Mary's Catholic Church
 Alice Quint, *Food Co-Chair*, Agudas Achim Congregation
 Bill Willis, *Food Co-Chair*, Alfred Street Baptist Church
 Mike Diffley, *Furniture Chair*, St. Mary's Catholic Church
 Gerry Hebert, *Housewares Chair*, Fairlington United Methodist Church
 Joan Burchell, *Last Saturday Food Distribution Co-Chair*, Christ Episcopal Church
 Cathy Thompson, *Last Saturday Food Distribution Co-Chair*, Blessed Sacrament CC
 Don Burchell, *Congregational Representatives Chair*, Christ Episcopal Church
 Leslie Creedon, *Fundraising & Publicity Co-Chair*, Good Shepherd Lutheran Church
 Eleanor Geiger, *Fundraising & Publicity Co-Chair*, Good Shepherd Lutheran Church
 Adrienne Geis, *Volunteer Co-Coordinator*, St. Mary's Catholic Church
 Pam Goodell, *Volunteer Co-Coordinator*, Fairlington United Methodist Church
 Cathy Thompson, *Personnel Chair*, Blessed Sacrament Catholic Community
 Susanne Arnold, *ALIVE! House Chair*, St. Rita's Catholic Church

Mailing List Update Underway!

Please help us update our ALIVE! Wire mailing list:

- Here's my correct mailing information:

Name _____

Address _____ City, State, Zip _____

- I'm receiving multiple copies—please delete this name and address:

Name _____

Address _____ City, State, Zip _____

- Please add my friend to your ALIVE! Wire mailing list:

Name _____

Address _____ City, State, Zip _____

- Please remove my name and address as noted above from the ALIVE! Wire mailing address.

Return this form to: **ALIVE!**
2723 King Street
Alexandria, VA 22302

Or

Email changes to: alivetoo@aol.com with "Mailing List Update" as the subject line



Congratulations to the Military Officers of America Association for the 2003 Alexandria Business Philanthropy Award presented to MOAA by the Chamber of Commerce and Alexandria Volunteer Bureau. MOAA was nominated by ALIVE! for their generous financial and in-kind support—since 1991, MOAA employees have raised almost \$60,000 to fund ALIVE! programs. Above Don Burchell, ALIVE! President, and Carol Loftur-Thun, ALIVE! Director of Community Relations and Administration, personally thanked VADM Norbert R. Ryan, Jr., USN (Ret.), President of MOAA, at the 2003 Business Philanthropy Summit on June 25th.

Volunteer Needs & Wish Lists

ALIVE! Child Development Center Wish List

To donate, call 703-548-9255:

Books & Music:

- Record Player
 - Children's Musical Instrument Set
- Dramatic Play and Playground Needs:
- Children's Ironing Boards & Irons,
- Brooms, Vacuum, Mop
- Doctor's Kit
 - Toy Airport, Planes & Train
 - Doll High Chair, Stroller & Cradle
 - Dress-up Clothes
 - New Baby Dolls, Doll Clothes &

Bottles

- Sandbox

Classroom Needs:

- Camcorder
- Trash Can

Classroom Furniture Needs:

- Large Colorful Carpet (5' x 8')
- Dresser/Storage Cabinets
- Flannel Board with Stand & Stories

ALIVE FOOD PANTRY NEEDS

High Protein Basics—Canned meats (spam, beef stew, corned beef, beef & gravy), chicken, tuna and salmon, peanut butter, dried red beans, canned beans

Dried Milk in 1 quart packets

Canned Fruit—Applesauce, peaches, mixed fruit, etc. and fruit juices

Breakfast Cereals—Corn flakes, Cheerios, Total, oatmeal, frosted flakes, and baby cereal

Canned Vegetables—Tomatoes and Tomato sauce, green beans, corn, etc. Also spaghetti sauce with or without meat

Starches—Rice, pasta, hamburger and tuna helper, macaroni and cheese

Staples—Maseca flour (for tortillas), sugar, cooking oil, mayonnaise, coffee and tea, boxed drinks for children

Extras—pudding mixes, jello, baby foods, jelly, pancake mix (uses only water), crackers, small packages of raisins, diapers.

ALIVE! HOUSE WISH LIST

One time or infrequent needs:
 To donate, call 703-684-1430

- Allergy medications
- Baby powder, shampoo, etc.
- Bathroom rug 1
- Bedding x long: Sheets, Blankets (washable), bed pads, covers
- Cough and sore throat medicines
- Dustpan
- Electric frying pan
- Envelopes: 2 standard sizes (business, short)
- Floor mop, 1 string type
- Furnace filters 6 x 20
- Gift certificates (Target, Shoppers, CVS etc.)
- Hairbrushes, Combs
- Kitchen waste basket with lid (1)
- Metro tickets, Bus tokens
- Plastic & Aluminum Wrap
- Plastic storage bins with lids
- Sofa slipcover
- Thermometers, adult
- Trash cans with lids (5)
- Women's underpants, 8



ALIVE!
 2723 King Street
 Alexandria, VA 22302
 703-837-9300
 www.alive-inc.org
 E-mail: alivetoo@aol.com

Return Service Requested

Nonprofit Organization
 U.S. Postage Paid
 Alexandria, VA
 Permit Number 567

ALIVE! *Wise*

*Please Designate
 ALIVE! in the United
 Way Campaign and
 Combined Federal
 Campaign--#8352 or
 Your Workplace
 Giving Program*



ALIVE! is a nonprofit organization founded in 1969 to help Alexandrians facing emergency situations become self-sufficient community members. ALIVE! has grown from a handful of organizations and volunteers to a vigorous organization of 39 congregations and many volunteers.

ALIVE! offers needy Alexandrians help through ALIVE! House Shelter, Furniture, Housewares, Food Pantry, Family Emergency, Child Development Center and Last Saturday Food Distribution Programs.

Contact ALIVE! at 703-837-9300 or by e-mail at alivetoo@aol.com or on the web at: www.alive-inc.org.

Alexandrians Involved Ecumenically

Summer-Fall 2003

July 26: Last Saturday Food Distribution

August

Food Collection: Ebenezer Baptist, St. Paul's Episcopal, Third Baptist, Washington Street UMC, Zion Baptist

Furniture Delivery: Alfred Street Baptist, First Baptist

August 26-30: CDC Closed for Teacher In-Service Training and Annual Clean-Up

August 30: Last Saturday Food Distribution

September

Food Collection: Alfred Street Baptist Church, Beverly Hills Community UMC, Church of St. Clement, Emmanuel Episcopal, Fairlington UMC, Spiritual Assembly of Bahai's
Furniture Delivery: Beth El Congregation, Immanuel Church-on-the-Hill

September 9: ALIVE! Board Meeting

September 6: Fairlington United Methodist Annual Yard Sale

September 27: Last Saturday Food Distribution

October

Food Collection: Alexandria Church of the Nazarene, Beth El Hebrew Congregation, Del Ray UMC, Fairlington Presbyterian, First Christian, Meade Memorial, St. James UMC, St. Mary's Catholic Church

Furniture Delivery: Fairlington UMC, St. Joseph's Catholic Church

October 25: Last Saturday Food Distribution

November

Food Collection: Blessed Sacrament Catholic Community, Christ Church, Church of the Resurrection, Fair-Park Baptist, Good Shepherd Lutheran, Grace Episcopal, St. Paul's Episcopal, St. Joseph's Catholic, Trinity UMC, Westminster Presbyterian

Furniture Delivery: Christ Church, Church of St. Clement

November 11: Annual ALIVE! Potluck Dinner—SAVE THE DATE!

November 22: Fannie Mae Help the Homeless Walkathon—WALK TO BENEFIT ALIVE! HOUSE

November 27: Annual Turkey Trot Road Race—HELP COLLECT FOOD FOR ALIVE!

December 13: Last Saturday Food Distribution